



# Woman's Free Self Defense Class

## December 13th, 2014 9am to 1pm

*Presented by the Fairfield County  
Sheriff's Office in coordination with*

 *Violet Baptist Church*

This is a Basic Women's Self-Defense Course: a course teaching women how to use their strengths against an assailant's mental and physical weaknesses, solve personal safety concerns related to fear of being attacked and sexually assaulted, street crimes, dating and domestic violence.

*10 years old minimum age please. Subject matter is for mature understanding of defending yourself against physical attacks, including crimes of a sexual nature.*

***Sign-up at [www.VioletBaptistChurch.org](http://www.VioletBaptistChurch.org)***

Event located at Violet Baptist Church  
8345 Blacklick-Eastern Rd NW, Pickerington, OH 43147