

## Women's Free Self Defense Class

## December 6th, 2014 9am to 1pm

## Presented by the Fairfield County Sheriff's Office in coordination with Newlife Community Church

This is a Basic Women's Self-Defense Course: a course teaching Women how to use their strengths against an assailant's mental and physical weaknesses, solve personal safety concerns related to fear of being attacked sexually assaulted, street crimes, dating and domestic violence.

10 years old minimum age please. Subject matter is for mature understanding of defending yourself against physical attacks, including crimes of a sexual nature.

Sign-up with our dispatch at 740-652-7911 Event Located at: 6305 Waterloo Rd NW, Canal Winchester, OH 43110